SOLANA BEACH JUNIOR LIFEGUARDS PARTICIPANT MEDICATION POLICY

GUIDELINES

The Solana Beach Junior Lifeguards Program established a Participant Medication Policy for parents/guardians, participants and staff to follow when a participant needs to take medication during the Solana Beach Junior Lifeguards Program.

The policy guidelines listed below are for participants that are able to administer their <u>own medication</u>. If you believe your child qualifies, please submit a note from your child's doctor stating the nature and treatment associated with their condition.

- The following are guidelines of the Participant Medication Policy. The policy is based on the state guidelines. All medications that will be taken during the program must be listed on the participant's form and must be accompanied by a Participant Health Form.
- The medication bottle provided by the parents must have the original prescription label complete with the participant's name, doctor's instructions and dosage.
- Over the counter medications will be allowed provided they are in their original bottle, and accompanied by a doctor's note prescribing their use. If it is necessary for the child to carry the medication at all times, the doctor needs to specify this on the form.
- A suitable measuring device should be sent along with the medicine if measuring is necessary.

STORAGE

• All medications will be locked up in a location determined by the site supervisor.

ADMINISTERING MEDICATIONS

- <u>Staff will not administer any medication</u>. Either the participant, the parent/guardian or a care giver designated by the parent/guardian will be responsible for administering the medications at the appropriate times.
- Staff will make every effort to remind participants of scheduled medication times.

PARTICIPANT MEDICATION POLICY: PARTICIPANT HEALTH FORM PART I: TO BE COMPLETED BY LICENSED PHYSICIAN

Participant's L	.ast Name	Participa	nt's First Nam	e	
Gender	Date of Birth	Program			
Diagnosis/pur	pose of medication(s):				
Name of med	ication(s):				
Dosage presc	ribed:				
Length of time	e medication will be necess	sary:			
Possible side	effects:				
Action to be ta	aken in case of side effects	S:			
Special instru	ctions:				
I verify	that this participant is unde	er my care and r	equires this m	edication.	
Physician's Printed Name		Physicia	Physician's Signature		
Date		Phone N	Phone Number		
Street Addres	S	City	State	Zip Code	

PART II: TO BE COMPLETED BY PARENT/GUARDIAN

I request that my child, ______, be given access to his/her medication at the requested time. I understand that Junior Lifeguard Staff will not administer any medication. My child, a parent/guardian or a care giver designated by us will be responsible for administering the medications at the appropriate times. If this request is granted, I agree to hold the Solana Beach Marine Safety Department, the City of Solana Beach and their respective officers, employees, agents or volunteers harmless in providing this service to my child.

I,	we,	 hereby
		•

agree to the above-mentioned statements.

Parent/Guardian Name:

Parent/Guardian Signature

Date

Parent/Guardian Name:

Parent/Guardian Signature

Date